



# ONE LOOK, ONE CULTURE

## Youth Exchange

19 – 28 March 2019, Perugia, Italy



Associazione di promozione sociale Kora  
Via Campagna 26, 06065 Passignano sul Trasimeno, Italia  
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**"One look, one culture"** Youth Exchange will offer participants the opportunity to discuss the accessibility of European cities for blind and visually impaired people in social, architectural and cultural aspects. They will learn how to create work conditions in intercultural group where members can have special needs.

32 participants from Macedonia, Romania, Poland and Italy will help to improve Perugia's accessibility for visually impaired people.

Participants will not only be able to exchange experiences visual issues, but also to share their culture, traditions and cuisine. All of this will happen in a form that eyesight will not constitute a barrier.

Some of the questions the Youth Exchange wants to answer are:

**How to describe the visual world in a correct way?**

**How to make new media accessible for blind people?**

**How to educate your own small local group (friends, family) to share the topic of the culture's accessibility?**

**The project will break barriers, stereotypes and open eyes!**

## PARTICIPANT PROFILE

The participant should be between **18 and 30 years of age**. Each national group has to be formed by **2 group leaders + 6 participants** (of which **3** should be **visually impaired**). The participant should be **open to learning about new cultures**, to be **empathetic** and **open to cooperation with people with various disabilities**. We are looking for energetic, smiling people, eager to increase their knowledge in the field of accessibility of culture and architecture for people with visual problems. In each national group there should be participants **with visual disabilities** and people who are **unaware of the subject**, in order to maximize the impact of the project and to bring together people from different backgrounds. This composition of the groups will allow an interesting exchange of experiences and will introduce different points of view into the project.



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## PARTNERS

- Associazione Kora - Italy
- Fundacja Kultury Bez Barrier- Poland
- Babilon Travel- Romania
- CENTAR ZAMLADINSKI AKTIVIZAM CMAKRIK - Macedonia

## WHAT TO PREPARE BEFORE THE EXCHANGE TOGETHER WITH YOUR NATIONAL GROUP

- Prepare **information about the situation of blind and visually impaired people in your country on social, culture and architecture space.**
- Every national group should prepare a **presentation about his country.** You can show theatre sketch, traditional dance, songs, quiz about national culture and history or/and local food. **Be creative!**
- Participants should take clothes for any type of weather condition and activity. Bringing sport clothes will help participant to feel more comfortable during the activities.
- Take your **ID documents and keep your travel documents** like tickets, boarding pass etc.
- Take positive energy and big smile!

## TRAVEL DATES

Participants are expected to arrive the 19<sup>th</sup> of March 2019 before 7 pm. They will leave the 28<sup>th</sup> of March 2019. The project activities will start the 19<sup>th</sup> of March after dinner and they will end the 27<sup>th</sup> of March after dinner.



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## ACCOMMODATION

The participants will be hosted in a former abbey in Perugia. The rooms will be shared and will have mixed nationalities. Please keep in mind that the venue is 10 minutes walk from the first shop. The address of the venue is:

14 Strada S. Galigano-s. Lucia, Perugia, 06125.



## TRANSPORT

The closest international airports to Perugia are:

Perugia (PEG): 16 km

Florence (FLR): 163 km

Rome Ciampino (CIA): 188 km

Rome Fiumicino (FCO): 205km

Bologna (BLQ): 250 km

Once arrived in Perugia (by bus or train) we will pick you up by car, and we will drive you to the accommodation (5 minutes by car).



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## LOCAL TRANSPORT AND AIRPORT TRANSFER

### *From Perugia airport:*

If you arrive to Perugia airport please contact us as we need to arrange pick-up.

### *From Florence airport:*

Take Busitalia Nord bus to central station (Firenze Santa Maria Novella).

There is a bus every 30 minutes. One-way ticket is 6 € and return 10 €, and tickets can be bought online or directly on the bus. The travel time is 30 minutes.

From Firenze Santa Maria Novella take regional train towards Foligno (or Spoleto) and get off in Perugia.

The tickets costs: 14,65 € one-way.

Direct train departure times: 8:02; 12:13; 14:13; 16:13; 18:13; 20:13.

Please double check these information or contact us for any doubt.

### *From Bologna airport:*

Take Aerobus bus to central station (Bologna centrale).

There is a bus every 11 minutes. One-way ticket is 6 €, and tickets can be bought online or directly on the bus. The travel time is 25 minutes.

From Bologna Centrale take train to Perugia; there are no direct trains, you will have to change once or twice according to the time of the day. Prices also vary according to the time of the day.

Please check <http://www.trenitalia.com/tcom-en>

Please double check these information or contact us for any doubt.

### *From Rome Ciampino:*

Take airport bus to Roma Termini train station. Buses leave from the airport when they are full. Terravision is the cheapest company (4€ one-way, tickets can be bought on the bus). The travel time is 60 minutes.

From Roma Termini train station take regional to Perugia. Please let us know if none of the train solution match as there can be other options as well. Bear in mind that the last train option to Perugia leaves at 19:04 from Roma Termini.

Price: 11,70 €

Please double check these information or contact us for any doubt.

### *From Rome Fiumicino:*

Go to the train station inside the airport. Here you can take a train to Roma Tiburtina for 8 €. Travel time is around 40 minutes.

From Roma Tiburtina you can take another train to Perugia. Bear in mind that the last train option to Perugia leaves at 19:13 from Roma Tiburtina.

Price: 11,30 €



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## WHAT TO BRING



- Bed sheets or sleeping bag.
- Comfortable shoes
- Outdoor clothes
- Warm clothes (you never know)
- Swimsuit (you never know)
- Sunscreen
- Slippers (or indoor shoes)
- Flashlight (if you want to go for walks in the dark!)
- Towels
- Toiletries (toothbrush, toothpaste, shampoo, etc.)
- Chargers (if you bring your camera, phone, laptop, etc)
- If possible: traditional clothes, national flag, typical objects, food or drink from your country.
- **If you need** any helpful accessories like **lupe, monoglass...** take them!
- Yourself!

See you soon!



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